

STEPS TO MAKE A MASK WITH A STAPLER

Protect our health care professionals fighting COVID-19

1 CLEAN YOUR WORK AREA

Wash your hands for at least 20 seconds using soap and warm water. Using soap and water, followed by a disinfectant, thoroughly clean your work space. Also clean your Stapler. Ensure you don't allow any contaminants into the area and to clean again if you touch your face, phone or any other objects.



3 TEAR ROLL AT PERFERATION

Rip off single sheet of the Melt-blown Polypropylene. This is already folded in half and treated to prevent permeation of the virus. If the fold is off by more than 1/8th of an inch you're going to want to re-fold it to be precise.



2 PREP EQUIPMENT

Set out your roll of Melt-blown Polypropylene, rubber bands and stapler.

5 FOLD OUTWARD

Using the folded top flap, double back the fabric about one inch from your original crease towards the edge.



4 FOLD INWARD

Fold the end of the fabric in towards the middle of the fabric. Leaving a one inch gap at the far end of the fabric

6

REPEAT ON THE OTHER SIDE

Repeat steps 4 and 5 on the other side. Again fold the loose end inward leaving a one inch gap on the end. Then double back so that the new crease is flush with the other crease. This will create three panels.



7 LOOP RUBBER BAND

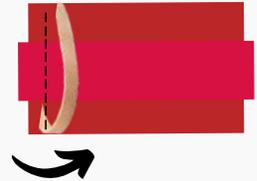
Place the rubber band on the end of the fabric about a half inch from the edge.



8

FOLD OVER FABRIC

Fold the end of the fabric over the rubber band.



9 STAPLE

Staple the loose end twice so that the flat end of the staples are on the inside of the mask. Staple as close to the rubber band as possible.



10

REPEAT ON THE OTHER SIDE

Repeat steps 6, 7 and 8 again to complete the otherside of the mask. Esure you make all the staples face the same direction.

11 STORE IN BOX

Put on the first mask and keep on while making the remainder. Resanitize your workspace. Place all the completed masks back in the box for storage. Once completed and filled close box and mark with the date and time of completion. Keep the mask you've been wearing or discard it.



SIGNS OF COVID-19

- 1 **COUGH**
- 2 **FEVER**
- 3 **SHORTNESS OF BREATH**



*if you are experiencing any of these symptoms or feeling unwell please do not continue making masks and seek medical attention.

STOPPING THE SPREAD

1 **AVOID THE SICK**

If you know someone is sick, keep your distance.



2

COVER YOUR COUGH

If you cough or sneeze make sure to either bury your face in your elbow crease or use a facial tissue, throw it out immediately and wash your hands.

3 **WASH YOUR HANDS**

Wash your hands often with soap and water. Lather for 20 seconds or the length of time it takes to sing happy birthday to yourself.



5 **SOCIAL DISTANCING**

When necessary to go in public, remain a minimum of 6 feet away from all individuals.



4

DON'T TOUCH YOUR FACE

Avoid touching your eyes, nose and mouth as much as possible.

6

STAY HOME

Self-quarantine is an important step in preventing the spread. Please only leave for necessities.

